



PARENT CARERS

Listen 4 Change would like to invite you to their parent Carer coffee mornings!

These are an opportunity to meet other parent Carers in a relaxed setting for a cuppa, cake and a chat. You can also enjoy a game of Bingo!

No need to book, just come along for the whole morning or drop in anytime between 10am – 12pm

@ The Carers Clubhouse, 18 Cotham Street,
St Helens, Merseyside, WA10 1SJ (opposite Town Hall)

On
Friday 7th July 2023
Friday 8th September 2023
Friday 6th October 2023
Friday 10th November 2023
Friday 1st December 2023

For further information please contact Sara Dolan on 01744 675615
or Saradolan@sthelenscarers.org.uk